

TRAVEL + LEISURE

MAY 2003

NEXT STYLISH TRAVELER

Mireille Guiliano

President and CEO, Clicquot
TRAVEL DAYS PER YEAR 150

For the past eight years, Mireille Guiliano has been traveling from New York to Veuve Clicquot's Paris headquarters once a month. Intensive wining and dining is a major part of her itinerary. "I usually don't get home until midnight," she says. For her, staying sane means squeezing in walks and meditation—and keeping the right mind-set.



"When most people travel, they feel they have to fill every minute of the day," she says. "They don't know how to relax."



TRIP TIPS

- **Flying:** "If you have a flight at nine in the morning, it takes three times as long to get to the airport due to rush hour. Fly at off-hours."
- **Luggage:** "Whether I'm traveling for three days or three weeks, I fit everything into my twenty-two-inch expandable Hartmann, which I carry on."
- **Time management:** "I never wear a watch. There are enough places with clocks."
- **Favorite hotel:** "I love France's **La Mirande** [4 Place de la Mirande, Avignon; 33-4/90-85-93-93], which was designed by a woman, so the mirrors are in all the right places."



PLANE PROVISIONS "Airline food is disgusting, even in first class. I eat in the lounge beforehand and bring my own cheese, unsalted nuts, and a lot of water."



LEADER OF THE PACK

"It takes me twenty minutes to pack—I keep a list. I love **Issey Miyake** clothes, which roll to the size of a handkerchief." *Top, \$109, by Issey Miyake; Pleats Please Issey Miyake, New York.*

IN-FLIGHT ENTERTAINMENT
"I carry a tape recorder, to brush up on my **Italian** and to listen to music." *Language tapes, \$18.95, by Berlitz.*



FANCY FOOTWORK "I bring **Bottega Veneta** heels for evening, pumps for day. I never wear sneakers." *Shoes, \$370; Bottega Veneta boutiques nationwide, 877/362-1715*



JET-LAG REMEDY "The Concorde—you don't have time to get jet lag."

PORTRAIT COURTESY OF MIREILLE GUILIANO